



  
**acres**  
Adult College For Rural East Sussex

# Adult Learning

## Course Guide Summer 2019

- **Battle**
- **Crowborough**
- **Hailsham**
- **Heathfield**
- **Uckfield**
- **Wadhurst and around...**

# Welcome to the Adult College for Rural East Sussex (ACRES)

Looking to learn something new, develop your skills or meet new friends there are lots of reasons to choose an ACRES adult learning course or workshop. Enjoy our summer brochure and find out what's on near you.

Accredited Courses	3
Maths and English	
First Aid, AET	
Art	4
Creative skills	5
Dance and Yoga	11
Languages	12
New skills	13
Saturday workshops	14
General Information	17
Enrolment form	7



These courses have reduced fee available



These courses have been made available for current learners to enrol prior to new learners.



These courses are free for any eligible learner who has not previously achieved a Grade C (Grade 4) at GCSE or equivalent. Contact us for more details.



## Enrolling is easy

Phone our professional, friendly team on **01825 761820**

Email us at **adultlearning@acres.org.uk**

Come and see us at ACRES house. We are opposite Freedom Leisure in the grounds of Uckfield College at the address below:

**ACRES' House  
Uckfield College  
Downsview Crescent  
Uckfield  
TN22 3DJ**

Further information on all the courses we have on offer is available on our website **www.acreslearning.org.uk**

You can also follow our Facebook page **@ACRESAdultLearning** for college news and course updates.

Our opening hours are:

**09:30 – 16:00  
Monday to Friday**

## Accredited courses

### Maths and English

#### Improve your skills and employability

Thinking of returning to study in September. ACRES offers a range of English and Maths courses that can lead to a qualification. Brush up your study skills and give yourself a head start.

#### Study Skills

Thinking of taking on a new challenge in September? Brush up your study skills and enjoy getting back into learning.

*Hailsham Prospects House*

Monday • 3 wks • 10:00-12:00

Tutor: Sheila Hughes • Fee: **FREE**

**Starts: 29 Apr 2019**

Course code: HA14A36E

*Uckfield Civic Centre*

Thursday • 3 wks • 19:00-21:00

Tutor: Sheila Hughes • Fee: **FREE**

**Starts: 2 May 2019**

Course code: UC14A78E

#### Pre GCSE English

A short introductory course that provides a good foundation for studying the full GCSE English course which starts in September.

*Hailsham Prospects House*

Tuesday • 6 wks • 12:00-14:30

Tutor: David Cooke • Fee: **FREE**

**Starts: 4 Jun 2019**

Course code: HA12A33F

*Uckfield College*

Tuesday • 6 wks • 18:30-21:00

Tutor: David Cooke • Fee: **FREE**

**Starts: 4 Jun 2019**

Course code: UC12A73F

**GCSE and Functional Skills English and Maths courses start in September 2019. Register your interest now.**

#### Pre GCSE Maths

A short introductory course that provides a good foundation for studying the full GCSE Maths course which starts in September.

*Uckfield College*

Monday • 8 wks • 18:30-21:00

Tutor: Cristina Yogui • Fee: **FREE**

**Starts: 29 Apr 2019**

Course code: UC02A76E

*Hailsham Sports Centre*

Thursday • 8 wks • 18:30-21:00

Tutor: Viv Laing • Fee: **FREE**

**Starts: 25 Apr 2019**

Course code: HA02A76E

### First Aid

#### QA Level 3 Award in Emergency First Aid at Work

This is a QA Level 3 Award in Emergency First Aid at Work taught over one day.

*Battle Battle Methodist Church*

Friday • 1 day • 09:30-17:30

Tutor: Mark De Pina Perou • Fee: £91

**Starts: 17 May 2019**

Course code: CL01U27E

*Uckfield Civic Centre*

Wednesday • 1 day • 09:30-17:30

Tutor: Mark De Pina Perou • Fee: £91

**Starts: 8 May 2019**

Course code: UC01U07E

#### QA Level 3 Award in Emergency Paediatric First Aid

This is a two day QA Level 3 Award in Emergency Paediatric First Aid taught within school hours.

*Uckfield Civic Centre*

Tue/Wed • 2 days • 09:45-14:15

Tutor: Mark De Pina Perou • Fee: £91

**Starts: 11 Jun 2019**

Course code: UC01U10F

### AET

#### Level 3 Award in Education and Training (AET)

An introductory teaching qualification which prepares learners for teaching and training in a wide range of contexts.

*Uckfield Civic Centre*

Friday • 5 wks • 09:00-17:00

Tutor: Danielle Lloyd • Fee: £396

**Starts: 14th Jun 2019**

Course code: UC13U01F

## Art

### Art Workshop for improvers

The focus of this course is learning how to use your existing skills and knowledge of drawing and painting to develop your own individual artistic style or language.

**Heathfield Five Ashes Village Hall**

Tuesday • 10 wks • 12:30-15:00

Tutor: Emma Jones • Fee: £152

**Starts: 23 Apr 2019** £ +

Course code: HE09N01E

**Uckfield Belmont Centre**

Monday • 10 wks • 09:30-12:00

Tutor: Emma Jones • Fee: £152

**Starts: 29 Apr 2019** £ +

Course code: UC09N28E

### Drawing Workshop for beginners

Build your drawing skills, learn how to interpret your chosen subjects in a convincing and sympathetic manner and develop your own drawing language.

**Crowborough Community Centre**

Monday • 10 wks • 10:00-12:00

Tutor: Belinda Channer • Fee: £126

**Starts: 29 Apr 2019** £ +

Course code: BE09N18E

**Heathfield Community College**

Thursday - 10 wks - 19:00 - 21:00

Tutor: Belinda Channer • Fee: £126

**Starts: 25 Apr 2019** £

Course code: HE09N92E

### Drawing Workshop for improvers

Develop your own individual style as an artist and learn about the decision processes involved in taking an initial idea through to final piece of original artwork.

**Crowborough Community Centre**

Monday • 10 wks • 12:30-15:00

Tutor: Belinda Channer • Fee: £153

**Starts: 29 Apr 2019** £ +

Course code: BE09N19E



### Introduction to Drawing and Painting

You will learn about the core skills of art by exploring observation, tone, form, colour and composition through drawing and painting.

**Battle**

**Claverham Community College**

Monday • 10 wks • 19:00-21:00

Tutor: Ian Penney • Fee: £126

**Starts: 29 Apr 2019** £ +

Course code: CL09N60E

**Uckfield College**

Monday • 10 wks • 19:00-21:00

Tutor: Angela Scott • Fee: £126

**Starts: 29 Apr 2019** £ +

Course code: UC09N57E

**Heathfield**

**Etchingam Village Hall**

Thursday • 10 wks • 10:00-12:00

Tutor: Ian Penney • Fee: £126

**Starts: 25 Apr 2019** £ +

Course code: HE09N43E

**Heathfield**

**Five Ashes Village Hall**

Tuesday • 10 wks • 10:00-12:00

Tutor: Emma Jones • Fee: £126

**Starts: 23 Apr 2019** £ +

Course code: HE09N49E

**Hailsham Community College**

Tuesday • 10 wks • 19:00-21:00

Tutor: Riga Forbes • Fee: £126

**Starts: 23 Apr 2019** £ +

Course code: HA09N73E

**Wadhurst**

**Uplands Community College**

Wednesday • 10 wks • 19:00-21:00

Tutor: Ian Penney • Fee: £126

**Starts: 24 Apr 2019** £ +

Course code: UP09N51E



These courses have reduced fee available



These courses have been made available for current learners to enrol prior to new learners.

## Creative skills

### Arm Knitting workshop

Arm knit your own scarf or snood in less than 2 hours! All materials included.

#### Hailsham

*The Malthouse, Herstmonceux*

Friday • 1 day • 10:00-12:00

Tutor: Suzanne Jones • Fee: £20

**Starts: 10 May 2019**

Course code: HA09N34C

### Beaded Jewellery - flower pattern for earrings, bracelets and necklaces

Learn how to bead a fun pretty flower motif that can be used to create various pieces of jewellery.

#### Uckfield College

Monday • 1 day • 18:30-21:00

Tutor: Penny Crawley • Fee: £28

**Starts: 20 May 2019**

Course code: UC09U66E

### Crochet - the Next Stitch

Advance your crochet skills with more complex stitches and develop your work through larger project pieces.

#### Wadhurst

*Uplands Community College*

Wednesday • 10 wks • 19:00-21:00

Tutor: Emma Lee • Fee: £118

**Starts: 24 Apr 2019**  

Course code: UP09N50E

### Dressmaking workshop



Open to all abilities and dressmaking projects: learn the basic skills of dressmaking or develop your skills with more advanced techniques, fabrics and patterns.

#### Crowborough

*Community Centre*

Tuesday • 10 wks • 09:30-12:00

Tutor: Sarah Mizon • Fee: £157

**Starts: 23 Apr 2019**  

Course code: BE09N11E

## Digital Photography


### Digital Photography - One day beginners workshop

This is a one day workshop for beginner photographers who want to get a little more out of their DSLR cameras and photography. An opportunity to gain technical knowledge, explore creative techniques and start taking better photos.


#### Uckfield Civic Centre

Tuesday • 1 day • 10:00-16:00

Tutor: Toby Slater-Hunt • Fee: £38

**Starts: 2 Apr 2019** 

Course code: UC09N15D

**Starts: 9 Jul 2019** 

Course code: UC09N29F


### Digital Photography for beginners

Explore the functions of your DSLR camera, develop your photo skills and improve your creative photography in a fun, informative and interesting way.

#### Uckfield College

Monday • 10 wks • 19:00-21:00

Tutor: Toby Slater-Hunt • Fee: £113

**Starts: 29 Apr 2019** 

Course code: UC09N71E

### Digital Photography for beginners plus

Develop further your DSLR skills whilst taking advantage of the





summer light to explore a variety of creative projects.

#### Uckfield College

Tuesday • 10 wks • 19:00-21:00

Tutor: Toby Slater-Hunt • Fee: £113



**Starts: 23 Apr 2019**  

Course code: UC09N58E

#### Uckfield Civic Centre

Tuesday • 10 wks • 12:30-14:30

Tutor: Toby Slater-Hunt • Fee: £113

**Starts: 23 Apr 2019**  

Course code: UC09N13E

### Digital Photography - intermediate

In this new course, the aim will be to really stretch your existing skills and engage with some advanced photography techniques and exciting creative projects.

#### Uckfield College

Wednesday • 10 wks • 19:00-21:00

Tutor: Toby Slater-Hunt • Fee: £148

**Starts: 24 Apr 2019**

Course code: UC09U59E


### Glass Fusing

Learn to cut glass and use glass powders and other glass accessories (frit & stringers) to produce simple projects.

#### Hailsham Community College

Tuesday • 5 wks • 19:00-21:00

Tutor: Jazz Dixon • Fee: £101

**Starts: 14 May 2019** 

Course code: HA09N75E

### Hand-building Ceramics for all abilities

Learn the skills to develop free form figurative work - from design, to clay, to pot, to glaze, to decoration. Basic materials included in fee.

#### Uckfield College

Monday • 10 wks • 18:30-21:00

Tutor: Clare Brown • Fee: £206

**Starts: 29 Apr 2019**  

Course code: UC09N56E



## Have a go at Creative Writing

A practical weekly workshop to explore all kinds of creative writing.

**Uckfield Civic Centre**

Thursday • 8 wks • 19:00-21:00  
Tutor: Eleanor Knight • Fee: £104

**Starts: 25 Apr 2019**



Course code: UC12N63E

## Introduction to Upholstery

An introduction to the basic techniques of upholstery. Learn how to upholster a stool or dining chair.

**Battle**

**Claverham Community College**

Monday • 8 wks • 19:00-21:00  
Tutor: Emma Lee • Fee: £100

**Starts: 29 Apr 2019**



Course code: CL09N78E

## Introduction to Woodcarving

An introduction to working with wood, learn how to produce a relief carving, progress to carving a spoon and bowl whilst gaining skills in this calming and methodical craft.

**Battle**

**Claverham Community College**

Tuesday • 10 wks • 18:30-20:30  
Tutor: Danny Manning • Fee: £116

**Starts: 23 Apr 2019**



Course code: CL09N77E

## Jewellery Design workshop

A project based workshop for current and previous students only.

**Battle**

**Claverham Community College**

Tuesday • 10 wks • 16:45-18:45  
Tutor: Julie Tucker-Williams  
Fee: £153

**Starts: 23 Apr 2019**

Course code: CL09U52E

**Battle**

**Claverham Community College**

Tuesday • 10 wks • 19:00-21:00  
Tutor: Julie Tucker-Williams  
Fee: £153

**Starts: 23 Apr 2019**

Course code: CL09U53E



## Printmaking

For those with some experience of printmaking – learn and develop the skills and techniques that you need to produce unique handmade prints.

**Crowborough**

**1st Crowborough Scout Hut**

Monday • 8 wks • 10:00-12:30  
Tutor: Amanda Sumpter • Fee: £164

**Starts: 29 Apr 2019**



Course code: BE09U13E

## Silversmithing for beginners

This is an exciting introduction for beginners or those with little experience, to the techniques used when working with silver and base metals. Learn to design, create and finish unique and beautiful silver items.

**Battle**

**Claverham Community College**

Monday • 8 wks • 19:00-21:00  
Tutor: Jemma Jordan • Fee: £125

**Starts: 29 Apr 2019**



Course code: CL09U70E



## Soft Furnishings workshop

Learn a variety of soft furnishing techniques to create cushions, curtains and Roman blinds to transform your home.

**Crowborough Community Centre**

Friday • 10 wks • 10:00-12:30  
Tutor: Sarah Mizon • Fee: £148

**Starts: 26 Apr 2019**



Course code: BE09N12E

## Stained Glass for beginners (Copper Foil method)

As a beginner, you will learn the skills and techniques to produce a small panel in the copper foil method.

**Heathfield Community College**

Thursday • 5 wks • 18:45-20:45  
Tutor: Suzanne Jones • Fee: £115

**Starts: 25 Apr 2019**



Course code: HE09N88E

## Upholstery and Soft Furnishing workshop

A mixed ability workshop using the skills and techniques of upholstery, cane and rush seating and soft furnishing.

Tutor: Jocelyn Bell • Fee: £148  
10 wks • 10:00-12:00

**Heathfield Goward Hall**

**Monday • Starts: 29 Apr 2019**



Course code: HE09U35E

**Heathfield Etchingham Village Hall**

**Tuesday • Starts: 23 Apr 2019**



Course code: HE09U36E

**Wadhurst Hurst Green Village Hall**

**Wednesday • Starts: 24 Apr 2019**



Course code: UP09U01E

**Uckfield Ridgewood Village Hall**

**Thursday • Starts: 25 Apr 2019**



Course code: UC09U41E



These courses have reduced fee available



These courses have been made available for current learners to enrol prior to new learners.

	Course(s) you wish to enrol on	Course Code(s)	Course Fee £
1			
2			

Title		Date of Birth	
Forename		Gender	<i>Male / Female</i>
Surname		Contact No.	
Address		Postcode	
		Previous Postcode <small>(if less than 4 years at current address)</small>	
Email			
Student Ref. Number (If known)		Unique Learner Number (If known)	
Country of normal residence		Nationality	
Have you lived outside the EU in the past 3 years? If 'yes' which country?			
Have you taken part in any learning in the past 3 years?		<i>Yes / No</i>	
National Insurance Number			

**Please help us to monitor the impact of our marketing by indicating below how you found out about the Adult College for Rural East Sussex**

Existing learner		ACRES' website	
Contacted us for a brochure		Another website	
Brochure delivered through the door		Through school/college	
Promotional event		Word of mouth	
Poster		Other (Please state)	

If there is a course not included in our programme that you would like to see offered, please let us know below:

**Privacy Statement - How We Use Your Personal Information**

This privacy notice is issued by the Education and Skills Funding Agency (ESFA), on behalf of the Secretary of State for the Department of Education (DfE). It is to inform learners how their personal information will be used by the DfE, the ESFA (an executive agency of the DfE) and any other successor bodies to these organisations. For the purposes of the relevant data protection legislation, the DfE is the data controller for personal data processed by the ESFA. Your personal information is used by the DfE to exercise its functions and to meet its statutory responsibilities, including under the Apprenticeships, Skills, Children and Learning Act 2009 and to create and maintain a unique learner number (ULN) and a personal learning record (PLR). Your information will be securely destroyed after it is no longer required for these purposes. Your information may be shared with third parties for education, training, employment and well-being related purposes, including for research. This will only take place where the law allows it and the sharing is in compliance with data protection legislation. The English European Social Fund (ESF) Managing Authority (or agents acting on its behalf) may contact you in order for them to carry out research and evaluation to inform the effectiveness of training.

### Disability, Health Issues and Learning Difficulties

Do you have a disability or health problem?	YES		NO	
Do you have a learning difficulty?	YES		NO	

If 'YES' please indicate the nature of your disability, learning difficulty and/or health problem below

Visual impairment		Temporary disability (after illness, e.g post-viral, or accident)	
Hearing impairment		Speech, language and communication needs	
Disability affecting mobility		Other physical disability	
Profound complex disabilities		Other specific learning difficulty (e.g Dyspraxia)	
Social and emotional difficulties		Other medical condition (e.g epilepsy, asthma, diabetes)	
Mental health difficulty		Other learning difficulty	
Moderate learning difficulty		Other disability	
Severe learning difficulty		Prefer not to say	
Dyslexia		Please state if you have any other specific needs you wish to be supported with:	
Dyscalculia			
Autism Spectrum Disorder			
Asperger's Syndrome			
		Would you like our Student Support Officer to contact you to discuss your needs? YES/NO	

Please note that any contact will be made in the strictest confidence.

### Ethnic Origin

<b>White</b>		<b>Asian/Asian British</b>	
English/Welsh/Scottish/Northern Irish/British		Indian	
Irish		Pakistani	
Gypsy or Irish Traveller		Bangladeshi	
Any other white background		Chinese	
<b>Mixed/Multiple Ethnic group</b>		Any other Asian Background	
White and Black Caribbean		<b>Black/African/Caribbean/Black British</b>	
White and Black African		African	
White Asian		Caribbean	
Any other mixed/multiple ethnic background		Any other Black/African/Caribbean background	
<b>Arab</b>		<b>Any other ethnic group</b>	

Please note that a health questionnaire must be completed by all students prior to attending a physical activity course.

### Unique Learner Number (ULN)

All learners are issued with a ULN which enables their educational achievements to be tracked. This is not used for marketing purposes but can be shared with other learning organisations.

Do you give permission for this data to be shared?	YES		NO	
--	-----	--	----	--



**Exam Course Applicants Only** Enrolment on an exam course requires completion of additional information. Please complete the further detail requested below. If you are unemployed or eligible for a free course, you will also be required to complete a further declaration form, which will be sent to you once you have enrolled.

**Evidence of ID** If you are taking an accredited course we are required to see evidence of ID. Please supply two of the following: Passport, Driving Licence, ID card or other form of identification, benefits documentation, examination certificates or bank card, as well as providing us with your National Insurance number. Existing students need only supply one form of ID. We appreciate that existing students will have supplied ID in previous years, however, it is a condition of funding that ID is seen each year.

**Your highest qualification – Please tick one box that applies to you**

<b>Entry Level</b>	
<b>Level 1</b> – e.g GCSE/'O' Level (5 or more at grade D-G or fewer than 5 at grades A-C), CSE below grade 1, 1 AS Level, Functional Skills, Certificate in Adult Literacy, Numeracy, ESOL at Level 1, GNVQ Foundation, NVQ Level 1, Level 1 Key Skills	
<b>Full Level 2</b> – e.g GCSE/'O' Level (5 or more GCSEs grades A*-C), 2 or 3 AS Levels, CSE Grade 1 (5 or more), 1 A Level, NVQ Level 2, GNVQ Intermediate	
<b>Full Level 3</b> – e.g A Levels (2 or more advanced level passes), 4 or more AS Levels, GNVQ Advanced, NVQ Level 3, Level 3 Apprenticeship	
<b>Level 4 or above</b> – e.g Certificate of Higher Education, Foundation Degree, Bachelor's Degree (graduate certificates and diplomas), Doctorates, Masters Degrees (postgraduate certificates and diplomas) Please specify:	
<b>Other qualification</b>	
<b>I have no qualifications</b>	

**Employment Status – (All learners) Please indicate if you are**

Not in paid employment, looking for work and available to start work		
Not in paid employment, not looking for work and/or not available to start work/retired		
In paid employment	Self Employed	
<b>If employed or Self Employed</b>		
How many hours do you work per week?	0-10 hours	11-20 hours
	21-30 hours	31+ hours
How long have you been employed?	Up to 3 months	4-6 months
	7-12 months	12 months
<b>If unemployed:</b>		
How long have you been unemployed?		
Less than 6 months	6-11 months	12-23 months
	24-35 months	36 months or more
You were previously in full time education or training		
<b>Please indicate which state benefit you receive</b>		
Job Seekers Allowance (JSA)	Universal Credit	Employment and Support Allowance – Work
Have you been mandated for training? Yes / No		
Related Activity Group (ESA WRAG)		

## How To Pay

**Reduced Fees** You may be eligible to pay a reduced fee or join a course free of charge if you are in receipt of an income based benefit. Further details can be found on the inside back cover of this brochure, on our website [www.acreslearning.org.uk](http://www.acreslearning.org.uk) under the 'Students' tab - Frequently Asked Questions – 'Am I entitled to pay reduced fees?' or by telephoning the ACRES' office on **01825 761820**.

**Payment** Details of how to enrol and pay can be found on the inside back cover of this brochure, or by telephoning the ACRES' office on **01825 761820**. You can also visit our website at [www.acreslearning.org.uk](http://www.acreslearning.org.uk) and search 'How to Enrol' when clicking on the 'Students' tab.

Postal enrolments can be made by cheque or card. Please make cheques payable to **East Sussex County Council** and write the Course Code and your name on the back or enter your card details below.

Full payment/staged payment (delete as appropriate) enclosed for £  
Paid by cheque/debit card/credit card

Payment enclosed		Security Code (last three numbers on reverse of card)			
Cardholder's Name		Credit/Debit Card no			
Expiry Date		Valid From		Issue No. (If Applicable)	

If you have given us your email address, your course confirmation documents will be emailed to you. If you wish to receive them by post please tick here.

## Declaration

I understand that the information I have provided will be kept on a computerised information system and will be processed in accordance with relevant Data Protection legislation. Please see Privacy Notice. I agree that having enrolled on the above course(s), I am liable to pay the course fee in full, subject to the cooling off criteria as described in the terms and conditions. I understand that a course may be cancelled if insufficient students enrol and a full refund will be given in these circumstances. Applications for a refund will also be considered if withdrawing from a course on medical grounds, on production of medical evidence.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

**Please note that should a student be unable to attend the course or withdraw from a course before all sessions have taken place, the place and fees are not transferable to another student.**

Please return your completed enrolment form to:  
ACRES Office  
Uckfield College  
Downsview Crescent  
Uckfield  
East Sussex TN22 3DJ



You can agree to be contacted for any purposes by ticking any of the following boxes below:

About other courses or learning opportunities	By phone	
For surveys and research	By e-mail	
	By post	

Further information about use of and access to your personal data, details of organisations with whom we regularly share data, information about how long we retain your data, and how to change your consent to being contacted, please visit:

<https://www.gov.uk/government/publications/esfa-privacy-notice>

## Dance

### Belly Dancing - intermediate

To engage students in refining and extending belly dance techniques in a relaxed and supportive environment.

**Crowborough Community Centre**

Monday • 8 wks • 19:45-21:00

Tutor: Ann Law • Fee: £59

**Starts: 29 Apr 2019**

Course code: BE09N60E



### Movement and Dance Gently for beginners

Aimed at the over 55s, this is a gentle dance class incorporating stretching and strengthening movements to aid every day life.

**Uckfield Foresters Hall**

Tuesday • 10 wks • 12:00-13:15

Tutor: Liza Reeves • Fee: £73

**Starts: 23 Apr 2019**

Course code: UC08N08E



Tuesday • 10 wks • 09:15-10:15

Tutor: Liza Reeves • Fee: £59

**Starts: 23 Apr 2019**

Course code: UC08N24E



### Movement and Dance Gently - intermediate

Aimed at the over 55s, this is a gentle dance class for those looking to further their knowledge of stretching and strengthening movements to aid every day life.

**Uckfield Foresters Hall**

Tuesday • 10 wks • 10:30-11:45

Tutor: Liza Reeves • Fee: £73

**Starts: 23 Apr 2019**

Course code: UC08N07E



**£** These courses have reduced fee available

**G** These courses have been made available for current learners to enrol prior to new learners.



## Yoga

Develop the holistic health benefits associated with Hatha Yoga through movement, breathing, relaxation and meditation techniques.

### Yoga for beginners

**Hailsham Civic Community Hall**

Tuesday • 12 wks • 11:45-13:00

Tutor: Rachel Miller • Fee: £86

**Starts: 9 Apr 2019**

Course code: HA08N26E



**Crowborough**

**Beacon Community College**

Tuesday • 12 wks • 17:00-18:30

Tutor: Kim Kriyasagar • Fee: £110

**Starts: 23 Apr 2019**

Course code: BE08N61E



**Heathfield Community Centre**

Thursday • 12 wks • 13:00-14:30

Tutor: Rachel Miller • Fee: £103

**Starts: 25 Apr 2019**

Course code: HE08N40E



**Heathfield Holy Cross Priory**

Monday • 10 wks • 18:30-20:00

Tutor: Rachel Miller • Fee: £86

**Starts: 29 Apr 2019**

Course code: HE08N81E



### Yoga for improvers

**Heathfield Holy Cross Priory**

Monday • 10 wks • 16:45-18:15

Tutor: Rachel Miller • Fee: £86

**Starts: 29 Apr 2019**

Course code: HE08N31E



**Hailsham Civic Community Hall**

Tuesday • 12 wks • 10:30-11:45

Tutor: Rachel Miller • Fee: £86

**Starts: 9 Apr 2019**

Course code: HA08N27E



**Heathfield Community Centre**

Thursday • 12 wks • 11:15-12:45

Tutor: Rachel Miller • Fee: £103

**Starts: 25 Apr 2019**

Course code: HE08N41E



### Yoga advanced

**Hailsham Civic Community Hall**

Tuesday • 12 wks • 09:15-10:30

Tutor: Rachel Miller • Fee: £86

**Starts: 9 Apr 2019**

Course code: HA08N28E



**Heathfield Community Centre**

Thursday • 12 wks • 09:30-11:00

Tutor: Rachel Miller • Fee: £103

**Starts: 25 Apr 2019**

Course code: HE08N42E



### Yoga for all abilities

**Crowborough**

**Beacon Community College**

Tuesday • 12 wks • 18:30-20:00

Tutor: Kim Kriyasagar • Fee: £110

**Starts: 23 Apr 2019**

Course code: BE08N62E



### Yoga for men

**Crowborough**

**Beacon Community College**

Tuesday • 12 wks • 20:00-21:30

Tutor: Kim Kriyasagar • Fee: £110

**Starts: 23 Apr 2019**

Course code: BE08N63E



## Languages

Learn how to communicate with the locals and get more out of your next holiday!

### Holiday Spanish

**Heathfield Community College**

Thursday • 5 wks • 19:00-21:00  
Tutor: C de la Zerda Sherwood • Fee: £77  
**Starts: 6 Jun 2019**  
Course code: HE12U90F

### Battle

**Claverham Community College**

Tuesday • 5 wks • 19:00- 21:00  
Tutor: Maria Vidler • Fee: £77  
**Starts: 23 Apr 2019**  
Course code: CL12U76E

### Battle Tbc

Monday • 5 wks • 09.30-11.30  
Tutor: Sophia Bick • Fee: £77  
**Starts: 3 June 2019**  
Course code: CL12U30E



### Holiday French

**Uckfield College**

Monday • 5 wks • 18:30-20:30  
Tutor: Julie Marrel • Fee: £77  
**Starts: 3 Jun 2019**  
Course code: UC12U74F

### Holiday Italian

**Uckfield Civic Centre**

Friday • 3 wks • 09:00-13:00  
Tutor: Elena Farneti • Fee: £91  
**Starts: 3 May 2019**  
Course code: UC12U35E

### Holiday Italian half-day workshop

Key phrases to take away with you on your Italian sojourn.

**Uckfield Civic Centre**

Thursday • 1 day • 09:30-12:30  
Tutor: Barbara Santini • Fee: £27  
**Starts: 9 May 2019**  
Course code: UC12U33E

### Introduction to Spanish

A fun and relaxed introduction to the Spanish language allowing you to build confidence in speaking.

**Uckfield College**

Wednesday • 10 wks • 19:00-21:00  
Tutor: Enrique Dasilva Perez • Fee: £113  
**Starts: 24 Apr 2019**

Course code: UC12N77E



## Summer Talks for All

Talks For All provides a weekly social slot for listening to an engaging speaker, asking your own questions, and meeting with others in a relaxed and informal environment.

Examples of talks coming up:

*Mr Garrick's Fireside: A Personal History of the Theatre Royal*

*Red Arrows*

*Every Contact Leaves a Trace*

*Chanctonbury Ring - The Story of a Sussex Landmark*

*Star Trek*

**Uckfield Civic Centre**

Friday • 5 wks • 10:15-12:15  
Tutor: Various speakers • Fee: £18  
**Starts: 7 Jun 2019**  
Course code: UC10U11F



## New skills

### Beekeeping Practical

Three hands-on lessons in an apiary where you will apply practical beekeeping skills to build on your theoretical knowledge.

#### Uckfield College

Saturday • 3 wks • 10:00-13:00

Tutor: Steve Banks • Fee: £95

**Starts: 11 May 2019**

Course code: UC03U01E

**Starts: 8 Jun 2019**

Course code: UC03U02F

### Excel for beginners

An introduction to creating and formatting Excel spreadsheets.

#### Heathfield Community College

Thursday • 5 wks • 19:00-21:00

Tutor: Graeme Jones • Fee: £59

**Starts: 25 Apr 2019**

Course code: HE06N91E

### Family History - DNA

During this course you will be advised on the benefits of DNA testing and you will learn how to interpret your own results.

#### Uckfield College

Monday • 3 wks • 19:00-21:00

Tutor: Gemma Simms • Fee: £48

**Starts: 3 Jun 2019**

Course code: UC10U75F


### Intermediate Guitar

Improve your guitar playing skills and develop your understanding of music theory and reading music for guitar, with an experienced musician.

#### Heathfield Community College

Thursday • 10 wks • 19:00-21:00

Tutor: Oliver Fleming • Fee: £148

**Starts: 25 Apr 2019** 

Course code: HE09U83E



### Italian Poetry workshop

A morning of Italian poetry. A selection of beautiful poems will be read aloud and then translated and explained in English.

#### Uckfield Civic Centre

Thursday • 1 day • 09:30-12:30

Tutor: Barbara Santini • Fee: £27

**Starts: 23 May 2019**

Course code: UC12U34E

### Local Writers and Artists of Kent and Sussex

A discussion-based course exploring a fascinating and diverse group of writers, poets and artists who lived in Kent and Sussex and were inspired by its landscape, history and people.

#### Battle

##### Robertsbridge Youth Centre

Monday • 5 wks • 14:00-16:00

Tutor: Heloise Coffey • Fee: £77

**Starts: 3 Jun 2019**

Course code: CL10U28F

#### Uckfield Civic Centre

Wednesday • 5 wks • 10:00-12:00

Tutor: Heloise Coffey • Fee: £77

**Starts: 24 Apr 2019**

Course code: UC10U31E

### Walking Histories - Following in the footsteps of Virginia Woolf

Join local historian Heloise Coffey for a guided walk around Rodmell and Southsea.

#### Uckfield Rodmell

Friday • 1 day • 10:00-13:00

Tutor: Heloise Coffey • Fee: £25

**Starts: 14 Jun 2019**

Course code: UC10U32F

### Walking Histories - Following in the footsteps of writers and artists of Rye

Join local historian Heloise Coffey for a guided walk around the literary town of Rye.

#### Battle Rye

Friday • 1 day • 10:00-12:00

Tutor: Heloise Coffey • Fee: £20

**Starts: 12 Jul 2019**

Course code: CL10U29F

### Ukulele - beginners plus

Improve your ukulele playing skills and develop your understanding of music theory and reading ukulele music with an experienced musician.

#### Battle

##### Claverham Community College

Tuesday • 10 wks • 19:00-21:00

Tutor: Kate Lewis • Fee: £148

**Starts: 23 Apr 2019** 

Course code: CL09U69E



# Saturday workshops

27th April 2019

Heathfield Community College



## Cookery workshop - Little Italy

From Antipasti to Zabaglione - Prepare and cook a delicious gourmet Italian meal.

Tutor: John Day • Fee: £63

10:00-16:00

Course code: HE07U38E

## Dressmaking workshop - how to make a silk cami top

Expand your dressmaking skills to work with difficult fabrics. Learn to work with silk to create a gorgeous cami top.

Tutor: Sarah Mizon • Fee: £65

10:00-16:00

Course code: HE09U11E

## Floral workshop - summer arrangements

Feeling floral? Spend an enjoyable and flower filled day learning how to construct a summer basket bouquet and two stunning centre piece decorations, including a floating arrangement.

Tutor: Emma Lee • Fee: £72

10:00-16:00

Course code: HE09U47E



## Practical Astronomy workshop

A hands-on workshop learning how to set up and align a telescope; how to get the best out of astronomical binoculars; and an introduction to using star charts, a planisphere and astronomy apps.

Tutor: Melanie Davies • Fee: £66

10:00-16:00

Course code: HE02U05E

## Drumming workshop – rhythms of the Salsa

Join drummer and singer, Jamie Harris for a magical day and capture the Rhythms of the Salsa through drums and percussion.

Tutor: Jamie Harris • Fee: £62

10:00-16:00

Course code: HE09U48E

## Family History workshop - DNA

This workshop will advise you on the benefits of DNA testing and most importantly how to interpret the result.

Tutor: Gemma Simms • Fee: £48

10:30-15:00

Course code: HE10U15E



## Holiday French workshop

Have you ever visited France and wished you could speak some French? Come to this fun workshop and learn the words and phrases which will help you get around more easily, interact with the locals and get the most out of your holiday

Tutor: Francoise Cumming • Fee: £62

10:00-16:00

Course code: HE12U16E

## Holiday Italian workshop

Have you ever visited Italy and wished you could speak some Italian? Come to this fun workshop and learn the words and phrases which will help you get around more easily, interact with the locals and get the most out of your holiday.

Tutor: Elena Farneti • Fee: £62

10:00-16:00

Course code: HE12U04E



22nd June 2019

Uckfield College

### Mindfulness in Art-Making workshop

Gain a nourishing, experience-based understanding of basic mindfulness practice and discover how to apply this approach to looking at and drawing still-life objects.

Tutor: Riga Forbes • Fee: £65

10:00-16:00

Course code: HE09U14E

### Needle Felting workshop - patterns and pictures

Painting with wool; making either a brooch or small decoration, learn how to embellish your creation with a needle felted pattern or picture of your own design.

Tutor: Sara Masham • Fee: £67

10:00-16:00

Course code: HE09U02E

### Stained Glass Painting workshop

Learn the traditional techniques of outlining, matting and scratch back used to produce permanent fired pictures in church stained glass windows for centuries.

Tutor: Jazz Dixon • Fee: £71

10:00-16:00

Course code: HE09U09E

### Woodland Carving and Whittling using Green Wood workshop

Learn how to carve a spoon or bowl in Green Wood in this fun intensive workshop.

Tutor: Danny Manning • Fee: £65

10:00-16:00

Course code: HE09U03E



### Holiday French workshop

Have you ever visited France and wished you could speak some French? Come to this fun workshop and learn the words and phrases which will help you get around more easily, interact with the locals and get the most out of your holiday.

Tutor: Françoise Cumming • Fee: £62

10:00-16:00

Course code: UC12U39F

### Holiday Italian workshop

Have you ever visited Italy and wished you could speak some Italian? Come to this fun workshop and learn the words and phrases which will help you get around more easily, interact with the locals and get the most out of your holiday.

Tutor: Elena Farneti • Fee: £62

10:00-16:00

Course code: UC12U43F

### Creative Writing workshop - how to write short stories

A one-day workshop with published short story writer and experienced creative writing tutor Eleanor Knight.

Tutor: Eleanor Knight • Fee: £52

10:00-15:00

Course code: UC12U48F

### Floral workshop - summer bouquet

An enjoyable and flower filled workshop learning how to produce a professional looking hand tied summer bouquet

Tutor: Emma Lee • Fee: £34

10:00-12:30

Course code: UC09U17F

### Flower workshop - buttonholes and corsages

Gain the useful skills and knowledge to be able to make your own buttonholes and corsages

Tutor: Emma Lee • Fee: £34

13:30-16:00

Course code: UC09U18F



---

### **Sewing workshop - bespoke bunting**

Make beautiful double sided bespoke bunting for your home or garden.

Tutor: Sarah Mizon • Fee: £34

**10:00-13:00**

Course code: UC09U04F

---

### **Macramé workshop**

Learn the skills you need to get started on your first Macramé project.

Tutor: Penny Crawley • Fee: £39

**10:00-13:00**

Course code: UC09U33F

---

### **Needle Felting workshop - toadstools**

Have a go at Needle felting and make your own felt toadstools.

Tutor: Sara Masham • Fee: £35

**10:00-12:30**

Course code: UC09U35F

---

### **Wet Felting workshop - embellished soap bar or pebble cover**

Learn how to wet felt a cover on to a soapbar or similar sized pebble as a gift.

Tutor: Sara Masham • Fee: £33

**13:30-16:00**

Course code: UC09U36F

---

---

### **Art workshop - the cycle of life, drawing from nature**

Learn to draw compositions of natural and organic matter from observation, exploring seasonal, natural forms in line, tone and texture using a variety of media. Beginners welcome.

Tutor: Riga Forbes • Fee: £65

**10:00-16:00**

Course code: UC09U38F

---

### **Printmaking workshop - block printing and lino-cutting**

Come to this half day workshop and learn how to use block printing and lino-cutting printmaking techniques to create single coloured and multi-coloured prints. All materials provided.

Tutor: Amanda Sumpter • Fee: £39

**10:00-12:30**

Course code: UC09U48F

---



---

### **Printmaking workshop - direct trace drawing and gelli printing**

Come to this half day workshop and have a go at direct trace drawing and gelli printing to create single coloured or multi-coloured one off prints. All printing materials provided.

Tutor: Amanda Sumpter • Fee: £39

**13:00-15:30**

Course code: UC09U49F

---

### **Willow weaving workshop - dragonfly or butterfly**

Have a go at willow weaving and make either a dragonfly or butterfly in this fun taster workshop.

Tutor: Danny Manning • Fee: £31

**10:00-12:30**

Course code: UC09U40F

---

### **Willow weaving workshop - bird feeder**

Have a go at willow weaving and make a bird feeder in this fun taster workshop.

Tutor: Danny Manning • Fee: £31

**13:00-15:30**

Course code: UC09U39F

---

# General Information

---

## Need help in finding the right course for you?

If you would like more information regarding a course before enrolling, staff at the ACRES' Office are here to help you – please call us or visit our website for more details of the courses we offer. ACRES hold the Matrix standard for the quality of the information and advice we give to our students at enrolment. We offer free impartial information and advice to help you choose the right course.



---

## How do I enrol on a course?

As soon as you receive this brochure you can enrol. All new enrolments are taken on a 'first come, first served' basis and can only be processed with payment and when all of the relevant documentation and evidence has been provided. Courses marked C+ are continuations of courses that started earlier in the year and spaces are made available to current learners to enrol prior to new learners. We can only accept students aged 19 and above as of 31st August 2018. Most students are expected to contribute to their course fees. Some courses receive funding from the Education and Skills Funding Agency (ESFA), and these can be offered at a reduced rate to eligible learners. Please note other providers may offer these courses with alternative funding at a reduced rate.

---

## How can I pay?

- Cheque – please make cheques payable to East Sussex County Council, quoting the course code on the reverse of the cheque.
- Credit/Debit card
- Cash (in person)
- By Instalments – please see 'Fees' section for more information

Telephone enrolments can only be processed with payment by Credit/Debit card.

During 2019 we hope to be introducing online enrolments for some of our courses.

---

## Fees

Learners can choose to pay their course fees in instalments by standing order with payments structured as follows:

- fees between £113 and £194 – 50% of fee paid on enrolment and 2 monthly payments of 25%
- fees between £195 - £281 – option of three equal instalments
- fees over £282 – option of four equal instalments

Learners electing to pay by standing order will be liable for the full cost of the course. Should they withdraw from the course for any reason other than medical, they will be liable to pay the course fee in full.

---

## Are you entitled to pay the reduced fee?

Reduced fees are only available on courses which receive funding from the Education and Skills Funding Agency (ESFA) and students who apply for reduced fees will be checked for eligibility at the start of their course.

Eligibility for free examination funded courses or reduced course fees on non-examination funded courses will be subject to the student providing proof of being in receipt of certain means tested benefits.

Further financial support may be given from ACRES Discretionary Student Support fund to students experiencing financial hardship.

For further information about reduced fees and which benefits are eligible, see the FAQ on our website or telephone the ACRES' office.

---

## Refunds

### Cooling Off Period

If you enrol on a course, you are entitled to cancel your enrolment within 14 days and you will be refunded. If you wish to cancel your enrolment within this period, you must notify us of your cancellation, in writing or by email. If, however, you wish to enrol on a course which starts within the 14-day cooling off period, you will waive your right to receive a refund in the event of a cancellation. Please note the cooling off period does not apply if enrolling in person at the ACRES' Office.

### **Courses Cancelled by ACRES**

Students are refunded fees in full if ACRES cancel the course they have enrolled upon. In addition to the refund and in recognition of the disappointment caused, students will be offered a voucher which can be redeemed against another ACRES' course. Vouchers must be used within a calendar year of issue. Redeemed vouchers cannot be reissued, i.e. if a voucher is used on a subsequent course which is also cancelled, only one voucher will be issued against this further cancelled course. The vouchers are not redeemable for cash and ACRES reserves the right to withdraw this offer at any time.

### **Withdrawing from a Course**

After a course has been confirmed as running, all course fees are payable and no refunds will be made. By enrolling on a course, students agree to pay the course fee, and accept that changes to their personal circumstances, which may prevent them from attending the now arranged course, will not be grounds for requesting a refund.

If students withdraw from a course we will only consider refunding fees for the remaining part of the course if the withdrawal is on certified medical grounds (not casual illness/sickness) or in exceptional, extenuating circumstances at the discretion of ACRES' Adult Learning Manager and Business Support Manager. Applications for refund of fees should be supported by medical evidence (e.g. hospital/doctor's appointment card, letter or medical certificate) or a rationale for consideration for exceptional circumstances and an administration charge of £10 will be deducted from any refund given. Learners who withdraw for any other reason will be liable for the full cost of the course. Once examination entries have been made to the relevant examination board, examination entry fees cannot be refunded.

### **Changes to Advertised Course**

From time to time it may be necessary to change the advertised venue of a course or there may be a change of tutor to the one advertised. Neither of these circumstances would normally give grounds for refund of fees. Please note that should a student be unable to attend a course or withdraw from a course before all sessions have taken place, the place and fees are not transferable to another student, or course.

---

### **What support is there for students with additional support needs?**

When you enrol, we will ask if you have any additional support needs such as a disability, learning difficulty or any health issues and we will do our best to help support you in your learning. If required, our Student Support Officer will contact you to discuss your needs. All of the venues we use are annually reviewed and information on accessibility of the venue is provided at enrolment and is also available to download from our website. If you have a query regarding the support we provide, or the venue being used for a course, please contact the ACRES' Office and speak to our Student Support Officer to discuss how we can best help you.



ACRES contact details:


Website: [www.acreslearning.org.uk](http://www.acreslearning.org.uk)

Email: [adultlearning@acres.org.uk](mailto:adultlearning@acres.org.uk)

Tel No: 01825 761820

**Adult College for Rural East Sussex, Uckfield College, Downsview Crescent, Uckfield, TN22 3DJ**

Full terms and conditions can be found on our website under FAQ. All information and details are correct at the time of going to print.



# Enriching lives, fulfilling ambitions

Improving skills and employability

Qualification courses starting  
in September 2019

**ESOL**

**GCSE English**

**GCSE Maths**

**Functional Skills English**

**Functional Skills Maths**

Register your  
interest now

  
Adult College For Rural East Sussex





**Gain qualifications**  
**Grow creatively**  
**Improve health and fitness**  
**Learn new skills**  
**Acquire new knowledge**  
**Make new friends**  
**...enrich your life and fulfil ambitions**



September 2019-  
April 2020  
Brochure out July



Adult College For Rural East Sussex

Design and print: Capiv8 [www.capiv8.co.uk](http://www.capiv8.co.uk) Tel: 01892 611 500

**Tel: 01825 761820**  
**email: [adultlearning@acres.org.uk](mailto:adultlearning@acres.org.uk)**  
**[www.acreslearning.org.uk](http://www.acreslearning.org.uk)**