



# ACRES

Adult Learning  
Adult College for Rural East Sussex

## EASTER NEWSLETTER



With spring finally arriving, we hope that our March newsletter will inject some sunshine into your day even if the weather continues to be a little grey outside. It is a full one, so grab a cup of tea and scroll through some wonderful highlights, course updates, student work, brochure releases, tutor profiles and vacancy announcements! We hope you enjoy it.

Thank you all for your continued support and for choosing to learn with ACRES. Both support staff and tutors see it as a privilege being part of our students' learning journeys and we will never stop enjoying seeing the positive, sometimes life changing, impact learning can have.

We would like to wish you all a very happy Easter and look forward to welcoming you back in the summer term.

### SHARE YOUR PASSION AND JOIN OUR TEAM OF ACCREDITED TUTORS!

Would you like to make a real difference to a person's life by helping them learn new skills and knowledge, as well as developing their confidence to enable them to integrate confidently into their local communities and potentially secure or improve their employment opportunities. We are currently looking for these accredited tutors:

- [Accredited Tutor - Essential Skills Maths](#)
- [Accredited Tutor - Essential Skills English](#)
- [Accredited Tutor - English for Speakers of Other Languages \(ESOL\)](#)
- [Accredited Tutor - Functional Skills Maths](#)
- [Accredited Tutor - GCSE Maths](#)
- [Accredited Tutor - GCSE English](#)

**Closing date**  
**14th April 2024**





## WHY WE LOVED MARCH



We had the opportunity to meet some of you during our Meet and Greet session in Mojava café in Uckfield. We not only enjoyed chatting to you but we also got a lot of inspiration for new courses. If you would like to see us in April, we are running another event on Saturday 20th April in Twinn Café, Heathfield. We will look forward to meeting you between 10am - 12pm on the day!

We also enjoyed taking part in the Jobcentre Plus Fair in the Uckfield Civic Centre where there was a good range of employers and training providers in attendance. We were delighted to talk to our ESOL students who were attending classes that morning in the venue and we picked up some brilliant ideas for our growing partnership provision. If you own a business and would like us to create a course, specifically tailored to your needs, please get in touch. We are always happy to help!



A few photos from our Saturday class with Amber, our ACRES mosaics expert! The students spent the day selecting colours, cutting, glueing and grouting tiles and all loved their final birdbaths, each so different in design. The day was both relaxing and incredibly immersive.

**Next course: House Number workshop on Saturday 11th May.**





## PARTNERSHIP COURSES

The new Street Learning Brochure is out and available for you to pick up at the ACRES House!

As most of you already know, we work together with the Street Learning community that brings you free courses. Please see the full list of upcoming classes on the next page.



This month we held two very successful enrolment events for ESOL (English for Speakers of Other Languages) courses that ACRES will be running from April in partnership with the Beacon Academy, Crowborough for parents of children who attend the school.

We were so proud and honoured to be asked to open the end of term exhibition showcasing the creative achievements of the Baronsmede residents who had attended both ACRES and inhouse courses. Thank you to all the staff and tutors for their work to bring this joyful event together and to the students for sharing their artwork, photographs and other achievements. It was wonderful to be able to celebrate together.

Baronsmede  
Family Homes



## DATES FOR YOUR DIARY

ACRES is out and about in your community. Look for us at the following events taking place in April and May. Please come and say hi!

### MEET AND GREET, HEATHFIELD 20th APRIL 2024, 10AM-12PM

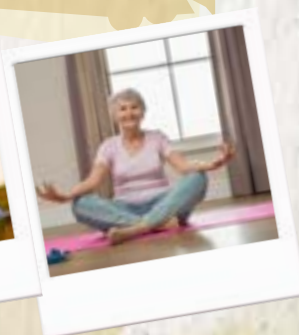
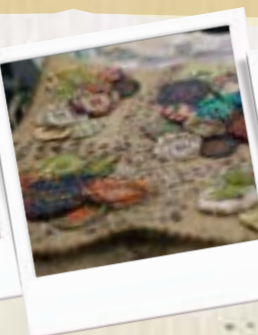
See you!

This small friendly event is an opportunity to come and meet members of the ACRES team in a relaxed setting and ask any questions you may have about courses at ACRES, partnership work or even our current tutor vacancies. Whether you are interested in learning more about GCSEs, functional skills or yoga; or you are a business looking for bespoke courses for your staff or you are considering becoming a tutor, we would love to meet you! Come and find us at our table in Twinn Café, 83 High Street, Heathfield on Saturday 20th April from 10am - 12pm. See you there!

### SATURDAY WORKSHOPS HEATHFIELD COLLEGE, 11th MAY 2024

SIGN UP

The second round of our ACRES Spring Workshops! When and where? The classes will run on Saturday 11th May 2024 at Heathfield Community College. This fantastic course selection includes: Garden Mosaics: House Number, Needle Felting: Bumble Bees, Wet Felting: Flowers, Visible Mending and Upcycling Your Clothes and two FREE Street Learning courses - Introduction to Transforming Menopause with Yoga and Ayurveda and Introduction: How to Access Deep Relaxation Through the Breath. Enrolments are now open on our website... the spaces are filling up!





## STREET LEARNING

Take a look at the new Street Learning classes! Our aim is to offer a bright mix of topics from Maths and English to Health and Wellbeing and all sorts of courses for your creativity!

### Transforming Menopause with Yoga and Ayurveda



This one-day workshop will offer you practical guidance and a set of AYURVEDA AND YOGA tools to support your individual transition through menopause.

Where: Sixth Form Centre, Heathfield Community College, Cade St. Old Heathfield, TN21 8RJ.

When: Saturday, 10:00am - 4:00pm on 11th May 2024 for 1 day

More details [here](#)

### Introduction Workshop: How to Access Deep Relaxation through the Breath



In the workshop, Rachel, your tutor, will guide you through a practice of breathwork and visualisation to equip you with techniques that may be used to access deep relaxation and promote well-being.

Where: Sixth Form Centre, Heathfield Community College, Cade St. Old Heathfield, TN21 8RJ

When: Saturday, 10:00am - 1:00pm on 11th May 2024 for 1 day

More details [here](#)



#### BRUSH UP YOUR MATHS COURSES

These are short summer courses where you can brush up your maths skills in a small, friendly class.

You will be introduced to some of the topics that are covered in the longer Functional Skills and GCSE course and will discover that maths doesn't need to be scary.

You will also pick up some good study habits so you feel ready and prepared to progress onwards with your maths knowledge and study.

### BRUSH UP YOUR MATHS FOR FUNCTIONAL SKILLS

#### Monday

Where: Uckfield College, Downsview Crescent, Uckfield, East Sussex, TN22 3DJ

When: Mondays, from 24th June 2024 until 15th July 2024 for 4 weeks.

Time: 6.45 - 9.00 pm

More details [here](#)



### BRUSH UP YOUR MATHS FOR GCSE

#### Tuesday

Where: Online

When: Tuesdays, from 25th June 2024 until 16th July 2024 for 4 weeks.

Time: 6.30 - 9.00 pm

More details [here](#)







## BRUSH UP YOUR ENGLISH COURSES

These 4 week long courses aim to refresh your current English skills and boost confidence in your abilities should you wish to progress to studying a level 1 or GCSE English course. You will be taught techniques to help build up good study habits and confidence in your own learning and abilities and give yourself a good foundation from which to achieve your goal.

## BRUSH UP YOUR ENGLISH FOR FUNCTIONAL SKILLS

### Tuesday morning

Where: Uckfield Civic Centre, Civic Approach, Uckfield, East Sussex, TN22 1AE

When: Tuesdays, from 25th June 2024 until 16th July 2024 for 4 weeks.

Time: 10:00am - 12:15pm

More details [here](#)



### Tuesday evening

Where: Hailsham Community College Academy Trust, Battle Rd, East Sussex, BN27 1DT

When: Tuesdays, from 25th June 2024 until 16th July 2024 for 4 weeks.

Time: 6.30 - 8.45 pm

More details [here](#)

## BRUSH UP YOUR ENGLISH FOR GCSE

### Wednesday morning

Where: Online

When: Wednesdays, from 26th June 2024 until 17th July 2024 for 4 weeks.

Time: 9.45am - 12 pm

More details [here](#)



### Wednesday evening

Where: Uckfield College, Downsview Crescent, Uckfield, East Sussex, TN22 3DJ

When: Wednesdays, from 26th June 2024 until 17th July 2024 for 4 weeks.

Time: 6.45 - 9.00 pm

More details [here](#)



## MEET OUR TUTORS

# Sara Masham

Subjects: Needle Felting, Wet Felting

### How did you get into teaching and what do you enjoy about it?

I started teaching as a primary school teacher 33 years ago. I always wanted to be a teacher but never thought that I would have the privilege to teach students of all ages. Over the years I have taught children from the age of 3 all the way through to Acres students who have retired from work. I feel very blessed that I can pass on my knowledge to students and I get so much joy when I know that my students can take away with them a skill I have taught them. I love to see students' creativity and feel honoured that I can help them express themselves. I also love that as a teacher, you never stop learning and I learn so much from my students too.

### What do you enjoy doing in your free time?

Many things! I don't always have enough time to fit it all in!! I adore wearing vintage clothing (which I wear everyday) and I love finding vintage clothing and treasures, whether they be perfect or needing to be restored and loved. I spend every week washing, sewing, altering, and restoring vintage clothing. I started sewing classes a few years ago so that I could learn how to make my own clothing from vintage patterns. I love to go to all vintage events wearing my treasures which takes my husband and I around the country at weekends. Three years ago I started to learn how to do 1940's Lindy Dance, Triple Step and Jive by going to weekly classes, with these groups I also go to 'Dances' at weekends and we do displays at events in the summer. I love felting (which I run classes for) and I enjoy making presents for family and friends throughout the year. I especially love making new things for Christmas and decorations for the Christmas tree. We have a very bouncy 20 month old Cavapoochon who loves to run, so on top of walking him nearly 4 miles everyday we have just started to take him to canicross training which he adores. To keep my back fit and healthy I try to go to Yoga or Pilates classes most days.

### What is your favourite song, film or book?

I adore all the Golden oldie movies and songs, but The Wizard of Oz is my all time favorite as I watched that every Christmas when I was growing up. I love all songs by Nat King Cole and Frank Sinatra and have their records which get played on my record player. I enjoy all historical novels but I think That Anne Frank's Diary is my most read book.





## YOUR WORK CERAMICS

We are always thrilled to see and share the work that you produced and we have dedicated a whole page to show what you created during your classes!





## ACRES LISTENS

If you are interested in a specific course or a topic but you can't find it on our website, please get in touch with us! We have created a form where you can share your thoughts. It doesn't matter if you are new to ACRES or if you are an existing student - we welcome any ideas for new classes.



Please fill in the form [here](#). Thank you!



## CONTACT US

CALL 01825 761820

EMAIL [adultlearning@acres.org.uk](mailto:adultlearning@acres.org.uk)

ACRES OFFICE HOURS 9:30 AM to 4:00 PM

ESOL

SPEAKING & LISTENING, VARIOUS LEVELS

English courses for people whose first language is not English.

[Register your Interest here.](#)

MATHS & ENGLISH

GCSE and FUNCTIONAL SKILLS

[Register your interest here.](#)

*Thank  
you!*



[Unsubscribe](#)

01825 761820

ACRES Adult College for Rural East Sussex

ACRES House, Uckfield College, Downsview Crescent, Uckfield, East Sussex. TN22 3DJ